

# Team Maze

**Materials:** 1 tarp/floor with 6x8 squares outlined with tape; answer key

## Focus Area

- Communication
- Team work
- Group dynamics

## Time Needed

- 20 minutes

## Group Size

- 10-20

## Directions

- Lay tarp on the floor.
- Read the golden rules to the team and remind the students that once a member of team steps on the maze there is NO speaking until the task is done or time runs out.
- Monitor time, students and make sure the rules are being followed.

## Golden Rules:

1. Only one participant on the maze at a time
2. Teams are not allowed to use any outside source for help such as pen a paper
3. Remind the team that once a member of the team steps on the maze there is NO speaking until the task is done or time runs out
4. Participants must stay behind the start line until they enter the maze. Upon completion, they must stay at the end of the maze, but can verbally assist their team

## Debriefing Questions

- How easy or difficult was this activity?
- When the task was first revealed, what were your immediate thoughts?
- What did you need to be successful? Or, what would you have needed to do to be successful?
- How did the group overcome frustration?
- What was it like to work together on this task?
- What were your group's strategies – did you create a plan of action, or jump right in? How does this approach reflect how we can work together as a staff?
- Are there times in our work when we can relate to the feelings of this activity?

## Answer Key

–	X	–	–
X	–	–	–
X	X	–	–
–	–	X	–
–	–	X	–

### The Leadership Education And Development Office at George Mason University

These resources have been adapted throughout the years. If you know the origin of any of these activities, please feel free to let us know so we can list the proper citation. A special thank you to the students, faculty, and staff who have contributed over the years.